

Schools Virtual Competition

Ages: R Y1/2, Y3/4, Y5/6



While the schools are closed, Cannock & Rugeley are running virtual sports competitions that children can enter and represent their school from home!

The competitions are designed to be really simple and require very little equipment to take part.

Catching Challenge



RECEPTION/ KS1 USE A LARGE BALL
KS2 USE A TENNIS BALL

Complete 3 catching challenges:

1. Catch— Stand 2 metres from a wall and throw and catch against the wall as many times as you can in 1 minute. Each catch = 1 point
2. Clap / catch—throw the ball up in the air and clap as many times as you can before you catch the ball. Each clap = 1 point. You must catch the ball before it hit the ground for claps to count
3. Bounce / catch—how many times can you bounce a ball in 30 seconds. Each bounce = 1 point.

ADD POINTS TOGETHER TO GET SCORE. TRY AS MANY TIMES AS YOU

To represent your school and enter this competition:

Send results to your schools P.E Coordinator or Tom the School Games Organiser directly at

trowell@suacademy.co.uk

CLOSING DATE IS Monday 18th January

Include your child's first name, year group, school and their best score. Please feel free to include any photos of your child completing the activity.

