

Schools Virtual Competition

Ages: R Y1/2, Y3/4, Y5/6



While the schools are closed, Cannock & Rugeley are running virtual sports competitions that children can enter and represent their school from home!

The competitions are designed to be really simple and require very little equipment to take part.

Competition week 12: Agility Square Challenge

This week we have a Bounce Challenge.

How many times can you bounce a tennis ball in 1 minute?

Agility Square Challenge



Make a 5 by 5 metre square using cones or markers and then place an extra cone in the middle of the square.

Run to each marker and return to the middle.

Each time you complete a lap (touch all 4 cones) you score 1 point

How many points can you score in 90 seconds?

To represent your school and enter this competition:

Email Tom the School Games Organiser directly at

trowell@suacademy.co.uk

CLOSING DATE IS Friday 17th July

Include your child's first name, year group, school and their best score. Please feel free to include photos and videos of the challenge or enter the competition and keep up to date by following Staffordshire University Academy School Games Facebook Page

